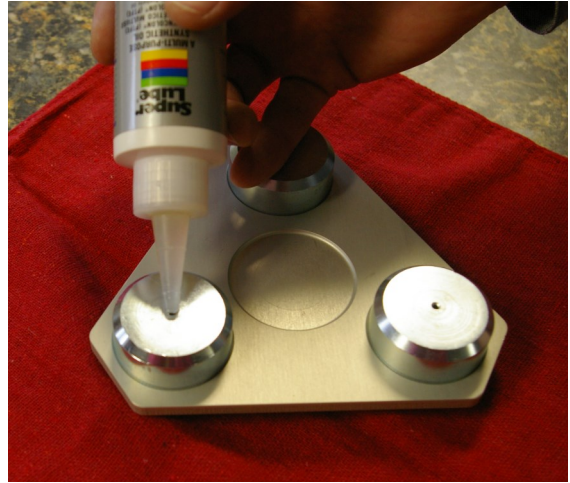


# Speed Skate Maintenance

- 1) Apply 2-3 drops of Super Lube synthetic oil to oil port on top of ball transfer



- 2) Roll Mighty Mouse Speed Skate on shop rag to evenly lubricate all internal ball bearings



- 3) Inspect main ball transfer, remove any build up and excessive oil

